

February '23

SUN	MON	TUES	WED	THUR	FRI	SAT
29	30	31	1	2	3	4
January						
5	6	7	8	9	10	11
	First Day of Practice				3:45 Siah Fried Nutrition Speaker	
12	13	14	15	16	17	18
				Swim and Dive Team Fundraiser Panda Express	No Practice	
19	20	21	22	23	24	25
	No Practice					

March '23

SUN	MON	TUES	WED	THUR	FRI	SAT
26	27	28	1	2	3	4
5	6	7	8	9	10	11
				Swim and Dive Team Pasta Feed		Hawk HS Invite @ Las Positas College
12	13	14	15	16	17	18
19	20	21	22	23	24	25

April '23

SUN	MON	TUES	WED	THUR	FRI	SAT
26	27	28	29	30	31	1
2	3	4	5	6	7	8
	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	
9	10	11	12	13	14	15
					AMADOR, LIVERMORE & GRANADA @ GRANADA 4pm	
16	17	18	19	20	21	22
				AMADOR, FOOTHILL, DLS & CARONDALET @ FOOTHILL 4pm		
23	24	25	26	27	28	29
				Swim and Dive Team Pasta Feed	EBALS Pleasanton (AVHS)	

May '23

SUN	MON	TUES	WED	THUR	FRI	SAT
30	1	2	3	4	5	6
				NCS Concord (Cowell Pool)		
7	8	9	10	11	12	13
				CIF State Clovis (Clovis West HS)		
14	15	16	17	18	19	20
	Swim and Dive Awards Banquet 6pm					
21	22	23	24	25	26	27
28	29	30	31			